



# Brow Design By Dina

## Beforecare

- Do not work out on the day of the procedure
- Do not drink too much coffee on the day of the procedure
- Do not tan (no sun) for one week prior to the procedure
- Do not take aspirin, niacin, vitamin E or ibuprofen 24 hours before procedure
- No alcohol the night prior or on the day of the procedure
- Any waxing or tinting of the brows should be done 3 days prior
- No botox for 4 weeks prior to the procedure
- Stop using any Retin-A or AHA products for 2 weeks prior to the procedure
- No lasers or chemical peels for 1 month prior to the procedure
- No microdermabrasion or dermaplaning for 2 weeks prior